

Dr A Saunders
Dr R Ganesalingam
Dr R Hambleton
Dr R Foster

Dr S Simkin
Dr O Middleton
Dr E Macdonald
Dr E Mason
Dr Z Hazelwood



**BILLINGSHURST
SURGERY**

ANTE-NATAL & POST NATAL CARE

NOTE: Please do not contact the midwife until you have completed the online referral, they are unable to book you in until this is done

During the coming months, as your pregnancy progresses, you will be receiving care from a number of different people. We call this Shared Care. We hope this leaflet will help to explain who will be involved in your care.

THE ROLE OF YOUR GP

Your GP and Midwife share the care during your pregnancy. Your GP is always available to you to answer any concerns about your health or pregnancy.

When your baby is born, the Midwife or the hospital will inform your GP. Your GP will ask you to book a check-up for you and your baby, six weeks after the birth.

THE ROLE OF THE COMMUNITY MIDWIFE

A community midwife will be involved in your care throughout your pregnancy.

IMPORTANT – You must fill in the online referral booking form first before you speak to any of the midwives:

If you are choosing to birth your baby at SRH, WOR or PRH hospitals, please visit:

<https://www.uhsussex.nhs.uk/services/maternity/pregnancy/book/>

For those booking with these three hospitals, the midwife looking after you will be **Lexi Hart**: Tel: 07780 875923 – she is part of the Woodlands Team and is based between St Richards Hospital and Billingshurst Surgery.

Please note, if you are choosing to birth at **WORTHING** or **St RICHARDS HOSPITAL**, Lexi will contact you to arrange your booking appointment once she has received your referral from the admin team, there is no need to contact her until you have submitted this online.

If you are planning to birth your baby at Princess Royal hospital, you will be contacted by a midwife from that hospital once you have submitted your online referral and they will arrange your initial booking appointment. Once you are booked, please contact Lexi who will provide your ongoing maternity care at Billingshurst surgery and work closely with the team at PRH as necessary. All your scans and any obstetric appointments will take place at PRH.

If you have an urgent concern regarding your pregnancy that doesn't require a call to 999, please use the 24hr triage lines on **01903 285269** for WOR or SRH and **01444 448669** for PRH.

THE ROLE OF THE HEALTH VISITORS

Health Visitors are all qualified nurses with a wide range of experience. They have undergone further specialist training including child health and health promotion. There are two health

Dr A Saunders
Dr R Ganesalingam
Dr R Hambleton
Dr R Foster

Dr S Simkin
Dr O Middleton
Dr E Macdonald
Dr E Mason
Dr Z Hazelwood



visitors **Lucy Huggitt** and **Jane Chase** who are the Health Visitors for our area 01273 696011 extn: 4872 – hours are Monday-Friday 9-5pm excluding bank holidays for any advice or support. The nurses are working out of Pulborough Medical Group part of the Healthy Child Programme Team, Spiro Close, Pulborough RH20 1FG - You can email tr.centralschoolnursing@nhs.net

THE ROLE OF THE HOSPITAL

Each hospital has its own policies regarding the handling of labour and birth. Your midwife will explain the policies of the hospital you have chosen and arrange for you to visit the maternity unit. The hospital clinic may also be involved in your antenatal care and your midwife will provide you with full details. You will be offered two scans of your baby and this will be arranged at the hospital.

SOCIAL WORKER

The Social Worker will be involved with families who need extra support and advice at what may be a difficult time for them. Problems are flagged up by the Midwife, Health Visitor or GP and may range from general family aid to issues around child protection/abuse.

If you have any queries or concerns about your pregnancy and do not know whom to contact for advice, please feel free to ring the surgery and we will do our best to help you.